



Stay strong,
Worry less,
Dance more,
Love often,
Be yourself,
Laugh daily ☺

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

August 2017 Hickory Glen "Active Senior Living"		1	2	3	4	5
	<p>10AM Welcome August social w/Susanna 2:30PM Music with Debbie & lemon sherbet in the lobby 6PM Guys movie & popcorn</p>	<p>10:15AM Strengthen your mind w/Susanna 1PM Craft with Susanna 2PM & 6PM Mid Week Movie & popcorn</p>	<p>1PM Cheer for our staff at the annual Watermelon eating contest ☺ 6PM-8PM Join us for a fun time of music and dance & treats in the dining room ☺</p>	<p>1:30PM Bingo with Shana from the Bridge 2:30PM Rummikub & Quiddler & Scrabble in the Library 6PM Friday night movie & popcorn</p>	<p>9:30AM Exercise with Justin 10:15AM Meet for some crossword fun in the lobby 12:30PM Wii Bowling Practice 1PM Games in the Library 6PM Music w/Brad Darr in the lobby</p>	
<p>"Friendship Day" 8AM Coffee & Donuts 11AM-1PM Enjoy your Sunday Brunch 1:15PM Church Service 2:15PM Bingo w/Barb M. 3:15PM Quiddler & Skip-Bo in the Library 6PM Movie & Popcorn</p>	<p>9:45AM Walmart & lunch at Golden Corral ☺ 1:30PM Gospel/Country music w/Junior Stevens 6PM Night Owl card games & snacks/library & poker on 6th floor</p>	<p>10AM Star of the month "Robert De Niro" 1:30PM Lincoln Library Bus 2PM Resident Meeting in the dining room 6:15PM Flag Ceremony w/114th Infantry at Oakridge Cemetery</p>	<p>10:15AM Morning social "Booklovers day" w/Susanna 3PM Annual Dog show in the lobby 6PM Mid Week Movie & popcorn</p>	<p>10AM News & Tea, bring a current event or story to share ☺ 1:30PM Gospel sing along with Pat in the library 6PM Trivia with Ida Ruth in the lobby</p>	<p>1:30PM Bingo with Will from Bright Star 2:30PM Rummikub & Quiddler & Scrabble in the Library 6:30PM Heavenly Harmony in the dining room</p>	<p>9:30AM Exercise with Justin 10:15AM Meet for some crossword fun in the lobby 12:30PM Wii Bowling Practice 1PM Games in the Library 2PM Joy of Coloring 6PM Movie & Popcorn</p>
<p>10:30AM Catholic Communion 11AM-1PM Enjoy your Sunday Brunch 2PM Bingo w/Ida Ruth 3PM Quiddler & Skip-Bo in the Library 6PM Sunday Night Movie & Popcorn</p>	<p>9:30AM Senior Day at the fair 3PM Music in Motion in the Hickory Lounge 6PM Night Owl card games & snacks/library & poker on 6th floor</p>	<p>10:15AM Front Porch Travel Amalfi Coast/Italy 11AM-1PM State Fair Lunch w/Lemon Shake ups 2:30PM Music w/Michael in the Lobby 6PM Guys movie & popcorn</p>	<p>10:15AM Front Porch Travel Amalfi Coast/Italy 10:30AM Avon calling in the lobby 6PM BMW side car rides and ice cream social</p>	<p>10AM News & Tea, bring a current event or story to share ☺ 2:30PM Music with The Troubadour/lobby 6PM Mexican Train Dominoes & Scrabble in the Library</p>	<p>1:30PM Bingo with Rick from Audibel 2:30PM Hearing Aid check & cleaning w/Rick 2:30PM Rummikub & Quiddler & Scrabble in the Library 6PM Friday night movie & popcorn</p>	<p>9:30AM Exercise with Justin 10:15AM Meet for some crossword fun in the lobby 12:30PM Wii Bowling Practice 1PM Games in the Library 2PM Joy of Coloring 6PM Music w/Betty Gregory in the Lobby</p>
<p>11AM-1PM Enjoy your Sunday Brunch 1:15PM Church service w/Pastor Glenn 2:15PM Bingo w/Nadine B. 3:15PM Quiddler & Skip-Bo in the Library 6PM Sunday Night Movie</p>	<p>"Total Solar Eclipse" 11AM Outing to Azteca Mexican 1PM Wii Bowling with the Mary Bryant Home in the Hickory Lounge ☺ 6PM Night Owl card games & snacks/library & poker on 6th floor</p>	<p>10AM Discuss & Recall, Tea & Cookies with Joanne 1:30PM Bean bag toss in the Lobby 6PM Guys movie & popcorn</p>	<p>10:15AM Old Time Sing along in the Lobby 2PM Mid week Movie 6PM Music w/John Stevens in the Lobby</p>	<p>12PM Birthday Lunch Bunch in the private dining room 2:30PM Happy Hour with Ed Clark /Lobby 6PM Mexican Train Dominoes & Scrabble in the Library</p>	<p>1:30PM Bingo with Miranda from the Bridge 2:30PM Rummikub & Quiddler & Scrabble in the Library 6PM Friday night movie & popcorn</p>	<p>9:30AM Exercise with Justin 10:15AM Meet for some crossword fun in the lobby 12:30PM Wii Bowling Practice 1PM Games in the Library 2PM Joy of Coloring 6PM Music w/Allan & Eve</p>
<p>10:30AM Catholic Communion 11AM-1PM Enjoy your Sunday Brunch 2PM Bingo w/Norma P. 3PM Quiddler & Skip-Bo in the Library 6PM Sunday Night Movie</p>	<p>9:30AM Outing to JC Penney's & Humphreys market for lunch w/Kelly ☺ 1PM Painting w/Kimberly 6PM Night Owl card games & snacks/library & poker on 6th floor</p>	<p>2:30PM Show & Tell in the Hickory Lounge 6PM Guys movie & popcorn</p>	<p>10:15AM Moments to remember Lemonade & cookies 2PM & 6PM Mid Week Movie & popcorn</p>	<p>10AM News & Tea, bring a current event or story to share 1PM History of "Deck of Cards" with Jean ☺ 6PM Mexican Train Dominoes & Scrabble in the Library</p>	<p>Flower of the month: "Gladiolus" Birthstone of the month: "Peridot"</p>	

Regular Weekly Activities:
Exercise:
Monday 3PM; & Tuesday Thursday & Friday at 9:15AM DVD

Monday at 9:30AM Wednesday at 9:15AM "Get fit" with Trainer Rick

Saturday at 9:30AM "Senior Exercise" with Justin

Mondays: 9:30AM-10:30AM Blood Pressure with "Great Lakes"

Wednesdays:
12:30PM Wii Bowling Practice in the Hickory Lounge

2PM Bible Study every other week with Carol in the Library

Thursdays:
10:30AM Weekly Knitting/Crochet Circle meets in the library, beginners are welcome

Fridays:
9AM Shopping at County Market
1PM Open Bus

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All Activities are subject to change! Please make sure you check weekly newsletter and daily dash ☺